

Show

Stopping Benedicts

Only served until 3 p.m.

All benedicts are served on a toasted bialy or English muffin and topped with hollandaise sauce*. Served with your choice of home fries or fresh fruit salad.

Arizona Benedict
Two poached eggs*, grilled roasted turkey and grilled tomato topped with avocado slices. 13.99

Biltmore Benedict
Two poached eggs*, grilled sliced Nova Lox, sautéed red onion, and grilled tomato topped with havarti cheese. 15.99

Chompie’s Benedict
Two poached eggs*, grilled ham, and cheddar cheese. 13.49

Dave’s Deli Benedict
Our famous corned beef hash set upon two crisp latkes and topped with two poached eggs,* and Swiss cheese. 14.79

Healthy Choice

We’re looking out for you!

Triathlete Omelet
Egg white omelet with sautéed mushrooms, spinach, artichoke hearts, and Greek feta cheese. 12.99

Fitness Omelet
Egg white omelet with diced turkey, spinach, mushrooms, green chiles, tomato, and topped with fresh parmesan cheese. 12.99

Served with fresh fruit salad or low-fat Cottage cheese. Includes your choice of fresh-baked bagel with lite, plain, or veggie cream cheese.
Make it a GFF** bagel for an extra 1.49

Keto-Friendly Breakfast Pizza
Scrambled egg whites*, grilled turkey, bacon, tomato, black beans, avocado, and cheddar cheese. Served on Chompie’s own keto-friendly flatbread. 12.99

Josh’s Whole Grain French Toast
Whole wheat bread dipped in our cinnamon egg* batter, covered with rolled oats and toasted almonds, then grilled golden brown. Served with fresh fruit salad. 10.99

Mona’s Whole Grain Bagelskins
An open-halved whole grain bagel filled with scrambled egg whites*, spinach, green chiles, mushrooms, and topped with shredded parmesan cheese. Served with fresh fruit salad. 10.49
Make it a GFF** bagel for an extra 1.49

Yeta’s Yogurt Supreme Parfait
Delicious blend of natural granola, low-fat yogurt, and fresh fruit. Includes your choice of fresh-baked bagel with butter. 9.49

Oatmeal
Steel cut oatmeal. 6.49
With blueberries, raisins, bananas, or pecans 8.48

Gluten-Free Friendly**

Breakfast Tacos
Scrambled eggs* blended with chopped bacon, diced turkey sausage, green chiles, sautéed onion, diced tomato, and green onions. Served with chopped cilantro, sliced avocado, three corn tortillas, fresh salsa, sour cream, black beans, and cheddar cheese. 12.99

Sirloin Steak Skillet
Thinly-sliced sirloin steak, onions, mushrooms, green onions, and jack cheese. Mixed with home fries and topped with two eggs any style.* Served with your choice of gluten-free** bagel or roll. 14.99

Gluten-Free Belgian Waffle**
With butter and syrup. Served with fruit salad. 11.99 | Add pecans or chocolate chips 1.49

KIDS

FOR KIDS 10 AND UNDER

MENU

Happy Mouse Pancakes
Served with your choice of bacon or turkey sausage. 5.49

NYC Marathon Pancake
Whole wheat pancake. Served with turkey sausage. 6.49

Say Cheese Scramble
Scrambled egg* with your choice of cheese. Served with your choice of bagel and bacon or turkey sausage. 5.99

Long Island French Toast
Grilled French toast. Served with your choice of bacon or turkey sausage. 5.49

Central Park Scramble
Scrambled eggs*, bagel, and turkey sausage. Served with fresh fruit salad. 5.99

Brooklyn Heights Bagel
Served with cream cheese and fresh fruit salad. 3.99

Gluten-Free Breakfast Tacos**
Two soft corn tortillas filled with scrambled eggs*, fresh bacon crumbles, and shredded cheddar cheese. Served with fresh fruit salad. 6.99

Gluten-Free Belgian Waffle**
Served with butter and syrup. 6.79
Add chocolate chips 1.49

Drinks | Milk or Juice 1.49

Sides | Fresh Fruit Salad 1.99

Smoked Fish

Add two eggs any style* and a potato pancake for 4.99

Served with fresh-baked bagel or bialy, tomato, onion, cucumber, olives, and your choice of plain, chive, or veggie cream cheese. Capers available upon request.

Nova Lox
Traditionally smoked Norwegian salmon* with the perfect balance of flavors. 18.99

Belly Lox***
From the belly of the salmon*, it has a very full, delicate and salty flavor. 18.99

Smoked Whitefish*
Wood-fire smoked from the fresh waters of the Great Lakes. 17.99

Whitefish Salad
Our own blend of smoked whitefish*, green onions, spices, and a bit of mayo. 15.99

Baked Salmon
[Kippered] Salmon* wood-fire smoked over a unique blend of hardwoods for an especially smoky flavor. 18.49

Marinated Herring***
Very tender and flavorful from the cold waters off Nova Scotia, wine or cream. 12.49

Smoked Black Cod***
One of the most coveted smoked fish* varieties worldwide, typically from the east Pacific. 23.99

***Not available at all loctations



THE “ALL SALMON” HALF & HALF BAGEL
Split bagel with cream cheese, half topped with crumbled baked salmon*; half topped with Nova lox and garnished with cucumber, red onion, tomato, olives, and capers. 18.99



WALL STREET

Lox AND Bagel

Only served Mon-Fri from 6 a.m. to 5 p.m.

Choice of bagel or bialy with a slice of Nova Lox*, a schmear of plain cream cheese, onion, and sliced tomato. 10.99

Deli Favs

Bagel Breakfast Skins
Two open-faced bagels filled with scrambled eggs*, chopped bacon, green onions, potatoes, and topped with melted cheddar cheese. Served with sour cream and fresh fruit salad. 13.49

Blake’s Cheese Blintzes (or Blueberry)
Two hand-rolled jumbo blintzes served with applesauce, sour cream, and fresh fruit salad. 13.79

Matzo Brei
Chompie’s secret blend of matzo and eggs*. Get it deep-fried (Lou’s way), pancake-style, or scrambled (plain or onion). Served with fresh fruit salad. 11.99

Grandma Sarah’s Famous Potato Pancakes
Hand-grated and crispy latkes! Includes three jumbo pancakes served with sour cream and applesauce. 11.99

Fresh Bagels

Kettle Boiled & Baked Daily!

Bagel or Bialy with

Butter 2.49
Lite Cream Cheese 3.49
Plain Cream Cheese 3.49
Flavored Cream Cheese 3.49
Lox Spread 4.49

Bialy Flavors

A lighter fluffier dough!

Plain
Onion
Everything
Substitute a Gluten-Free Friendly Roll or Bagel for an extra 1.49

Bagel Flavors

Plain
Sesame
Blueberry
Egg
Cinnamon Raisin
Cinnamon Crunch

Everything
Garlic
GFF** Plain
GFF** Everything
Cheddar Jalapeño
Onion
Marble Rye

Parmesan
Poppyseed
Pumpnickel
Cragel (1/2 bagel - 1/2 croissant)
Salted Pretzel
Whole Wheat
Keto-Friendly Bagel Add 1.49

Cream Cheese

Plain
Plain Lite
Blueberry
Honey-Raisin-Walnut
Chive

Garlic Herb
Veggie
Veggie Lite
Jalapeño

Southwest
Olive-Pimiento
Lox Spread
Try our seasonal flavors for an extra 1.00

Extra! Extra! Sides

Avocado slices	2.99	Link sausage 2-links (Until 3 p.m.)	3.49	One Potato Pancake Served with sour cream and applesauce	4.49
Bacon 4-strips	4.99	Turkey sausage 3-patties	3.49	One Cheese Blintz Served with sour cream and applesauce	6.99
Corned Beef Hash	6.99	Fresh fruit salad	5.99	Buttermilk pancake	4.49
Cottage cheese	2.99	Home fries	3.99	Specialty pancake	4.99
One egg any style*	1.79	Tomato slices	2.99	Biscuit & Gravy	4.99
Two eggs any style*	2.99	Hollandaise sauce*	1.49		
Substitute egg white*	1.29				
Ham grilled	3.99				

* These items may be served under-cooked or raw: hamburgers, rare roast beef, eggs, smoked fish, or salmon. Consuming these items may increase your risk of foodborne illness, especially with certain medical conditions.

** Due to the nature of restaurants and cross-contamination concerns, we are unable to guarantee all gluten-free friendly items are 100% gluten-free.

***Not Available at all locations.